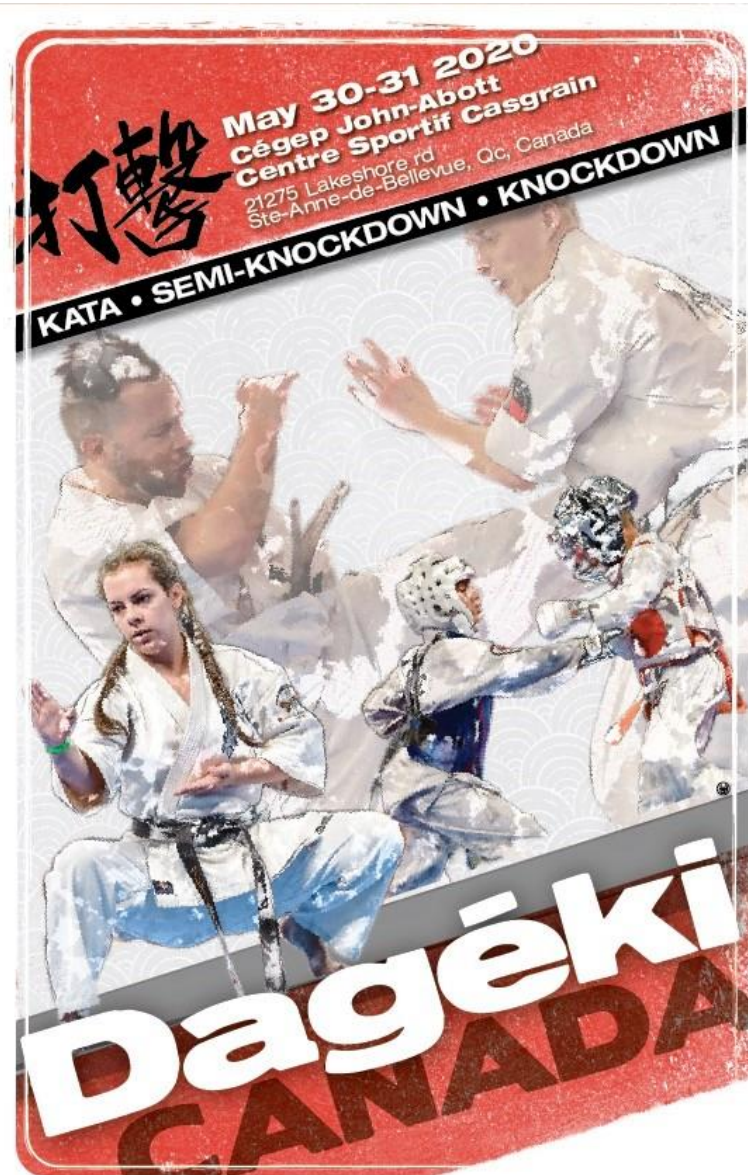


# DAGÉKI 2020

## World Karate Championship



Organizing Committee of the Dagéki 2020

# INVITATION

Osu!

It is with great pleasure that we invite you to take part in the **Dagéki World Contact Karate Championship 2020**:

On Saturday and Sunday, May 30 and 31, 2020  
At the Casgrain Sport Center of John Abbott College.

This 5<sup>th</sup> Dagéki Championship is an occasion for Contact Karate practitioners from all over the world to meet and compete at a high level. We want to offer you two days of exciting competition in a safe, fair and respectful environment. Several Contact Karate world renowned guests will make us the honor to chair this Championship.

Saturday, May 30:

- **Kata** – 4 years old and up – 10<sup>th</sup> Kyu to Black Belt
- **Contact Karate Fighting with protection gear (Semi-knockdown)** – 4 years old and up – 10<sup>th</sup> Kyu to Black Belt

Sunday, May 31 – Elite Championship:

- **Elite Kata** – 16 years and up – 1<sup>st</sup> Kyu to Black Belt ceinture noire
- **Elite Contact Karate Fighting no protection gear (Knockdown)** – 18 years old and up – 4<sup>th</sup> Kyu to Black Belt

The Elite Kata and Elite Fighting events will feature world-class men and women fighters and offer a great show of skill and athletic performances.

We invite you to **share the news with your fellow karatekas, relatives and friends** and to encourage them to take part in this great karate event as competitors, coaches, judges or spectators.

It is with great enthusiasm that we prepare the Dagéki 2020 and we look forward to welcoming you at the Casgrain Sport Center of the John Abbott College, on May 30 and 31.

Osu!

The Organizing Committee of the Dagéki World Contact Karate Championship 2020

Shihan Fouad El Harrif

Shihan Denis Cordeiro

Shihan Sylvie Comeau

Shihan John Kalaidopoulos

## MESSAGE TO HEADS OF SCHOOLS

Osu! Hanshi, Shihan, Sensei, Senpai,

It will be our pleasure to welcome you free of charge at the Dagéki 2020. We invite you to **register your school as soon as February 1<sup>st</sup>, 2020** to entitle your students to register as competitors.

### Coaches

- Every coach accompanying your students will be invited to pay the spectator entry fee to access the premises (gymnasium).
- Every coach – according to a ratio of 1 coach for 10 enrolled participants - will receive an ID badge allowing him (in addition to his spectator bracelet) to enter the competition area.
- Coaches and competitors will have to remain outside the competition area when not in action.

### Payment of competition fees for all your competitors

- As the head of your school, you will have to pay the competition fees for all your students previously registered in Kata and Fighting with protection (semi-knockdown) in cash (\$CAD) at the "Sensei Table" in the Casgrain Sport Center, on May 30, from 7h30 to 9h00.

### Competition rules

- Please make sure that you, your coaches and competitors are acquainted with the rules in effect at the Dagéki Championship 2020 and that you are willing to comply with these rules.

### Meetings – Saturday, May 30

- A meeting with all heads of schools will be held in the gymnasium around 9h15, before the Kata competition and around 13h15, before the Fighting Competition.

### Divisions and sub-divisions – Saturday, May 30

- Enrolled participants are grouped into pre-established divisions according to the type of event (Kata and Fighting with protection), their age, belt level, gender and weight (for fighting).
- A minimum of two participants per division is required; if only one candidate is enrolled, he will be notified and reclassified, if possible. If too many participants are enrolled into the same division, the division will be divided into two or more sub-divisions.

- Each competitor registered online will receive an ID number as well as the number of the division (or sub-division) for each event in which he will participate.
- During the competition, divisions (and sub-divisions) will be called in increasing numerical order (1, 2, 3, 4-1, 4-2, 5, 6, etc.). Each division (sub-division) being called will be paired with a letter (A, B, C, D, E, F) identifying one of the 6 courts where the event will take place. The number of the division (sub-division) will also be displayed in front of the corresponding court.

### **Trophies and Podium – Saturday, May 30**

- Trophies presentation for each division (sub-division) will take place on the court as soon as the competition will end. The winners will then go to the podium for a photograph.

# GENERAL INFORMATION

## COMPETITION EVENTS

Saturday, May 30:

- **Kata** – 4 years old and up – 10<sup>th</sup> Kyu to Black Belt
- **Contact Karate Fighting with protection gear (Semi-knockdown)** – 4 years old and up – 10<sup>th</sup> Kyu to Black Belt

Sunday, May 31 – Elite Championship:

- **Elite Kata** – 16 years old and up – 1<sup>st</sup> Kyu to Black Belt
- **Elite Contact Karate Fighting (Knockdown)** – 18 years old and up – 4<sup>th</sup> Kyu to Black Belt

NB: Please note that a competitor cannot be registered in both Kata and Elite Kata nor in both Fighting and Elite Fighting.

## ONLINE REGISTRATION STARTING ON FEBRUARY 1, 2020

Heads of schools must register their schools before their students can register as competitors. Only online registered schools and competitors will be accepted.

A maximum of 450 competitors will take part in the events of May 30.

All competitors registered in **Elite Fighting (Knockdown)** must also fill out and submit the online **Medical Form** to ensure their participation.

## COMPETITION FEES – MAY 30, 2020

<u>EVENTS</u>	<u>FEE PER PARTICIPANT</u>
<b>Kata</b>	50\$ CAD
<b>Fighting with protection</b>	50\$ CAD
<b>Kata + Fighting with protection</b>	60\$ CAD
<b>Ticket – Elite Championship (*)</b>	10\$ CAD

(\*): A competitor (May 30) has the possibility to purchase a \$10CAD ticket to attend the Elite Championship (May 31) during his online registration; otherwise, the competitor will have to pay the regular entry fee for spectator (below).

NB: No competition fee for Elite Kata and Elite Fighting (Knockdown) events.

## **PAYMENT OF COMPETITION FEES –MAY 30, 2020**

The head of a registered school must pay the competition fees for all his students previously registered in Kata and/or Fighting with protection (semi-knockdown) in cash (\$CAD) at the "Sensei Table" in the Casgrain Sport Center, on May 30, from 7h30 to 9h00.

### **ENTRY FEES FOR SPECTATORS**

<b><u>SPECTATOR</u></b>	<b><u>MAY 30</u></b>	<b><u>MAY 30 &amp; 31</u></b>
<b>5 years &amp; under</b>	Free	Free
<b>6-12 years</b>	5\$ CAD	15\$ CAD
<b>13 years &amp; up</b>	10\$ CAD	25\$ CAD

### **PARKING**

Free in John Abbott College parking areas and in surrounding streets.

### **SNACK BAR**

Drinks and snacks will be on sale on site. It will be allowed to eat in the bleachers.

## PRELIMINARY SCHEDULE OF COMPETITION ACTIVITIES

<b>Friday, May 29, 2020 – Holiday Inn Express – Vaudreuil-Dorion</b>	
<b>18h00 - 20h00</b>	<b>Registration and Weigh-in for Elite Fighters (Knockdown) – 1<sup>st</sup> opportunity</b>
<b>Saturday, May 30, 2020 – Casgrain Sport Center</b>	
<b>7h30 - 9h00</b>	<b>On-site Registration of competitors enrolled in Kata and/or Fighting with protection gear (Semi-knockdown)</b>
<ul style="list-style-type: none"> <li>• <b>ID card:</b> Competitors must be able to show an ID card – with birthdate – to confirm their age, if required.</li> </ul>	
<b>7h30 - 10h00</b>	<b>Mandatory weigh-in for competitors in Fighting with protection gear</b>
<ul style="list-style-type: none"> <li>• All fighters must complete their registration by showing up at the Weigh-in table (inside the gym).</li> <li>• In fairness for our competitors and to for their safety, each participant enrolled in Contact Fighting (with protection) must make sure that his weight registered online is as exact as possible. A too large discrepancy between a participant's actual weight on the morning of the Championship and the weight registered online could lead to the <u>disqualification of the competitor</u>.</li> <li>• Fighters must provide <u>their own mandatory protection gear</u> in accordance with the Fighting Rules in effect at the Championship.</li> </ul>	
<b>7h30 - 12h00</b>	<b>Registration and Weigh-in for Elite Fighters (Knockdown) – 2<sup>nd</sup> opportunity</b>
<b>9h30 - 12h30</b>	<b>Kata Competition</b>
<b>13h00 - 18h00</b>	<b>Fighting Competition (with protection gear)</b>
<b>Sunday, May 31, 2020 – Casgrain Sport Center</b>	
<b>7h30 - 9h00</b>	<b>Registration – Elite Championship</b>
<ul style="list-style-type: none"> <li>• Registration of Elite Kata competitors</li> <li>• Registration and weigh-in of Elite Fighters (<b>last opportunity</b>)</li> </ul>	
<b>9h30 - 12h00</b>	<b>Elite Competition: Kata –Qualifiers Fights – Masters Divisions Fights</b>
<b>13h00 - 17h00</b>	<b>Elite Fighting: Quarter finals, Semifinals and Finals</b>
<b>17h30</b>	<b>Elite Kata and Elite Fighting Trophies presentation</b>

## **SITE OF COMPETITION**

Casgrain Sport Center of John Abbott College  
21275, Lakeshore Road  
Sainte-Anne-de-Bellevue, QC, Canada H9X 3L9

## **ACCOMMODATIONS**

The Organizing Committee of the Dagéki 2020 has an agreement with a hotel located near the competition site.

Those interested must make their reservation directly with this hotel.

### **Holiday Inn Express – Vaudreuil-Dorion**

33, boul. de la Cité-des-Jeunes Est,  
Vaudreuil, QC, J7V 0N3

Tel: [1-877-660-8550](tel:1-877-660-8550)

**NB:** An official weigh-in for Elite Fighters will be held at this hotel on May 29, 2020.

### **Rates per room per night – Simple or double occupancy:**

- Room with 2 Queen beds: 150\$CAD – 23 rooms – May 29 and 30, 2020
- Suite with 2 Queen beds and 1 sofa-bed: \$180CAD – 7 rooms – May 29 and 30 2020
- \$20CAD + taxes per additional adult – maximum of 4 persons per room
- Services included:
  - Breakfast
  - Indoor pool and exercise room
  - Free parking and free Wi-Fi

**Reservation deadline to take advantage of these rates:** April 29, 2020

### **How to make a reservation with the hotel:**

- By phone (450-455-5522) – Mention the name of the group: Arts Martiaux Yukon
- [Online](#) – Enter the dates of the stay

## **CONTACT US**

The Dagéki 2020 Organizing Committee

- Shihan Denis Cordeiro – 514-998-1546
- Shihan Fouad El Harrif – 514-803-4161
- Shihan Sylvie Comeau – 514-255-2338
- Shihan John Kalaidopoulos – 514-730-4623

Email: [info@dagekikarate.com](mailto:info@dagekikarate.com)



## DIVISIONS

### KATA – MAY 30

The Dagéki 2020 Organizing Committee reserves the right to adjust Kata divisions according to the number of enrolled participants.

All competitors aged 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

NO.	AGE	KYU
1	4 & 5	10 to 1
2	6 & 7	10 to 5
3	6 & 7	4 to Black
4	8 & 9	10 to 5
5	8 & 9	4 to Black
6	10 & 11	10 to 5
7	10 & 11	4 to Black
8	12 & 13	10 to 5
9	12 & 13	4 to Black
10	14 & 15	10 to 5
11	14 & 15	4 to Black
12	16 & 17	10 to 5
15	16 & 17	4 to Black
14	18 & plus	10 to 5
15	18 & plus	4 to Black

### ELITE KATA – MAY 31

The Dagéki 2020 Organizing Committee reserves the right to adjust Elite Kata divisions according to the number of enrolled participants.

NO.	DIVISION	KYU
51	Women	1 <sup>st</sup> Kyu to Black Belt
52	Men	1 <sup>st</sup> Kyu to Black Belt

## **FIGHTING WITH PROTECTION - SEMI-KNOCKDOWN – MAY 30**

The Dagéki 2020 Organizing Committee reserves the right to adjust Contact Fighting (with protection gear) divisions according to the number and/or weight of enrolled participants.

### **Fighters aged 4 to 13 years old**

All competitors aged 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

<b>NO.</b>	<b>AGE</b>	<b>KYU</b>	<b>CHEST PROTECTOR</b>	<b>DURATION (minutes)</b>	<b>GENDER</b>
<b>16</b>	4 & 5	10 to 1	Mandatory	1.5	Girls-Boys
<b>17</b>	6 & 7	10 to 5	Mandatory	1.5	Girls
<b>18</b>	6 & 7	10 to 5	Mandatory	1.5	Boys
<b>19</b>	6 & 7	4 to Black	Mandatory	1.5	Girls
<b>20</b>	6 & 7	4 to Black	Mandatory	1.5	Boys
<b>21</b>	8 & 9	10 to 5	Mandatory	1.5	Girls
<b>22</b>	8 & 9	10 to 5	Mandatory	1.5	Boys
<b>23</b>	8 & 9	4 to Black	Mandatory	1.5	Girls
<b>24</b>	8 & 9	4 to Black	Mandatory	1.5	Boys
<b>25</b>	10 & 11	10 to 5	Mandatory	1.5	Girls
<b>26</b>	10 & 11	10 to 5	Mandatory	1.5	Boys
<b>27</b>	10 & 11	4 to Black	Mandatory	1.5	Girls
<b>28</b>	10 & 11	4 to Black	Mandatory	1.5	Boys
<b>29</b>	12 & 13	10 to 5	Mandatory	1.5	Girls
<b>30</b>	12 & 13	10 to 5	Mandatory	1.5	Boys
<b>31</b>	12 & 13	4 to Black	Mandatory	1.5	Girls
<b>32</b>	12 & 13	4 to Black	Mandatory	1.5	Boys

## Fighters aged 14 years old and up

NO.	AGE	KYU	WEIGHT (lbs)	DURATION (minutes)	GENDER
33	14 & 15	10 to 5	---	2	Girls
34	14 & 15	10 to 5	---	2	Boys
35	14 & 15	4 to Black	---	2	Girls
36	14 & 15	4 to Black	---	2	Boys
37	16 & 17	10 to 5	---	2	Girls
38	16 & 17	10 to 5	---	2	Boys
39	16 & 17	4 to Black	---	2	Girls
40	16 & 17	4 to Black	---	2	Boys
41	18 & up	10 to 5	---	2	Women
42	18 & up	4 to Black	---	2	Women
43	18 to 34	10 to 5	Up to 160	2	Men
44	18 to 34	10 to 5	161 to 180	2	Men
45	18 to 34	10 to 5	181 & up	2	Men
46	18 to 34	4 to Black	Up to 160	2	Men
47	18 to 34	4 to Black	161 to 180	2	Men
48	18 to 34	4 to Black	181 & up	2	Men
49	35 & up	10 to 5	---	2	Men
50	35 & up	4 to Black	---	2	Men

## ELITE FIGHTING NO PROTECTION – KNOCKDOWN – MAY 31

The Dagéki 2020 Organizing Committee reserves the right to adjust or withdraw one or more weight divisions according to the number and/or weight of the enrolled fighters, in order to ensure their safety during this Elite Contact Fighting Competition.

DIVISION	LIGHTWEIGHT	MIDDLEWEIGHT	HEAVYWEIGHT
Women 18 ans & up	#53 Up to 129 lbs Up to 58.5 kg	#54 130 to 149 lbs 59 to 67.5 kg	#55 150 lbs & up 68 kg & up
Men 18 ans & up	#56 Up to 159 lbs Up to 72 kg	#57 160 to 179 lbs 72.5 to 81 kg	#58 180 lbs & up 81.5 kg & up
Masters- Men 40 ans & up	#59 Up to 159 lbs Up to 72 kg	#60 160 to 179 lbs 72.5 to 81 kg	#61 180 lbs & up 81.5 kg & up

# COMPETITION RULES

## EVALUATION IN KATA AND ELITE KATA

1. A competitor cannot be enrolled in both Kata and Elite Kata.
2. All participants must perform a **traditional kata**. A traditional kata is a sequence of traditional karate techniques that is learned and performed by all members of an organization; it is a required element at belt promotion tests and not a "custom made" kata for one or few members of the organization.
3. Each participant introduces himself to the judges and announces the kata he will perform. Note that it is not required to identify the selected kata before that moment.
4. Each participant is given a mark - between 5 and 10 - by each judge; the total of the allocated marks is used to rank the participant within the division (or round).
5. Should a participant choose to perform a "nontraditional" kata, he would be disqualified, receiving the **minimum mark of 5** from each judge.
6. Since **traditional kata** forms vary from style to style, each participant is judged according to the following criteria:
  - Flagrant mistake, loss of balance, hesitation
  - Basic stances
  - Kicking techniques
  - Punching, blocking, shuto techniques
  - Consistency in the execution of techniques
  - Balance and fluidity
  - Spirit and intensity
  - Speed and control
  - Level of difficulty of kata

## RULES – KATA – MAY 30

1. The Kata competition is open to participants aged **4 years old and up** and ranked from **10<sup>th</sup> kyu to Black Belt**.
2. A judging team consists of **3 to 5 judges**, including the **head judge** who takes charge of the competition at the court.
3. The performance of each participant is evaluated with respect to that of the others within the division.
4. To help judges establish an **evaluation basis**, the 3 first participants of a division perform their kata in turn, without being given marks. Each one then comes back before the judges to receive his marks. The remaining participants perform their kata and get their marks right after their performance.

5. In the eventuality of a draw for the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place within a division, the head judge asks the tied competitors to perform a kata again to establish the winner for the position.
6. **Participants ranked 4<sup>th</sup> kyu to Black Belt** must prepare to perform **two distinct traditional kata**: a first participation kata and a second one in case of a draw for one of the 3 first places. If a participant chooses to perform the same kata twice, he will be given a **½ point penalty** by each judge.

## **RULES – ELITE KATA – MAY 31**

1. The **Elite Kata** competition is open to participants aged **16 years old and up** and ranked from **1<sup>st</sup> kyu to Black Belt**.
2. A judging team consists of **5 judges**, including the **head judge** who takes charge of the competition.
3. For each division, a **preliminary round** establishes 6 finalists.
4. In the eventuality of a tie breaker\* for the 6<sup>th</sup> place during the preliminary round, the head judge asks the ex-aequo participants to perform a kata again to establish the winner of the 6<sup>th</sup> place.
5. In the **final round**, the total of the scores of both rounds is used to determine the 3 winners among the 6 finalists.
6. A participant **cannot present the same kata form** in the preliminary and final rounds.
7. In the eventuality of a tie breaker\* for the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place during the final round, the head judge asks the ex-aequo participants to perform a kata again to establish the winner of the given place.

\*: In a tie breaker, participants can present the same kata form or choose another one.

## CONTACT KARATE FIGHTING

### HOW TO WIN A FIGHT

- With one Ippon, two Wazaari, or the disqualification of the opponent (Shikakku) – End of fight and immediate win;
- By **unanimous decision** at the end of regulation time based on the allocation of a Wazaari;
- By a **favorable decision of most judges and referee** (at least 2/3 or 3/5) at the end of regulation time based on:
  - Damage inflicted on the opponent: The effects of one or many strikes that are not worth of a Wazaari but are close to it.
  - Techniques and tactics: The superiority of techniques and tactics displayed with the intention to dominate the opponent.
  - Number of strikes: Attack activity illustrated by many strikes delivered with both arms and legs in most of the actions initiated by the fighter. Just moving forward not delivering strikes is not considered as an attack activity.
  - Attitude and fighting spirit: The preference is given to the fighter who initiated more attacks.

NB: The allocation of a Genten Ichi or 3 Chui prevents a fighter from winning the fight; the fighter can at best get a verdict of equality.

### Ippon and Wazaari – Winning Strikes

- **Ippon**: Immediate win following a legal technique having caused the interruption of the fight for 3 seconds or more - End of the fight.
- **Wazaari**: Legal technique having incapacitated the opponent (guard down, lack of alertness, physical instability) for less than 3 seconds – Resumption of the fight.
- **Second Wazaari**: Wazaari leading to an immediate win by Ippon – End of the fight.
- An Ippon or a Wazaari must be seen and called by most judges and referee (at least 2/3 or 3/5).
- The fight is interrupted by the referee who makes the official announcement of the Ippon or Wazaari.

## **Chui and Genten – Official Warnings and Penalties**

- All official warnings and penalties are allocated by most judges and referee (2/3 or 3/5).
- The fight is interrupted by the referee who announces the official warning or penalty
  - **Chui:** Official warning following an infraction
  - **Genten Ichi:** 1<sup>st</sup> penalty following 2 official warnings
  - **Genten Ni - Shikakku:** 2<sup>nd</sup> penalty following 2 other official warnings – Disqualification of the fighter – Immediate win of the opponent.

## **FIGHTING WITH PROTECTION GEAR**

A Contact Karate Fight with protection gear (Semi-knockdown) involves two opponents who may hit each other “with force” as far as they respect the rules in effect at the Dagéki 2020 - as described below.

### **1. ELIGIBILITY**

- Male and female fighters aged 4 and up, from 10<sup>th</sup> kyu (white belt) to black belt, assigned to divisions based on age, gender, kyu and weight
- A fighter cannot be enrolled in both Fighting with protection and Elite Fighting

### **2. PROTECTION GEAR – Provided by each fighter**

- Mandatory protection gear: shin pads with instep, gloves, helmet
- Visor: highly recommended to all fighters
- Mouthpiece: highly recommended for all fighters.
- Mouthpiece or head gear with grid: mandatory for fighters with orthodontic braces
- Groin cup: mandatory for male fighters.
- Chest protector: mandatory to fighters aged 13 & under
- Chest protector: not allowed for fighters aged 14 & up
- Breast protector (inside uniform): mandatory for female fighters aged 14 & up
- Wrist and ankle wraps: not allowed for all fighters
- Spectacles and jewels: not allowed for all fighters

### 3. REFEREEING TEAM

- A refereeing team consists of one center referee who supervises the fight, 2 or 4 corner judges who evaluate the fighters, one timekeeper and one scorekeeper.
- The referee can consult with corner judges, the timekeeper and the scorekeeper before announcing his decision.

### 4. FIGHT REGULATION TIME

- 1 ½ minute for fighters aged 13 years old and under
- 2 minutes for fighters aged 14 years old and up
- 1 minute for the first and unique extension round in case of a tie

### 5. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head: circular kicks – **only 14 years old & up**

### 6. ILLEGAL TECHNIQUES

- Kicks to the knee joints and under the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back
- Knee kicks and straight kicks to the face
- **13 years old & under:** circular kicks to the head
- Grabbing and sweeping
- Repeated shoves of the opponent
- Refusal to fight

### 7. COACHES

- Only one coach can sit near the fighting area, on the side of his fighter.
- The coach is not allowed to access the fighting area at any time.
- Only the coach may bring grievances to an organizer of the Championship in case of conflict.



## **ELITE FIGHTING – KNOCKDOWN - NO PROTECTION GEAR**

An Elite Contact Karate Fight (Knockdown – no protection gear) involves two experienced adult opponents who may hit each other “with force” as far as they respect the rules in effect at the Dagéki 2020 - as described below.

### **1. ELIGIBILITY**

- Men and women karate fighters, 18 years old and up, 4<sup>th</sup> kyu to Black Belt, assigned to divisions according to gender, weight and age (for men).
- A fighter cannot be enrolled in both Elite Fighting and Fighting with protection
- A white uniform (dogi) is mandatory.

### **2. PROTECTION GEAR – Provided by each fighter**

- Mouthpiece: highly recommended for all fighters
- Groin cup: mandatory for male fighters
- Breast protector (“bustier” worn inside the uniform): mandatory for female fighters
- **Prohibited gear:**
  - Head gear, gloves, shin pads, chest protector
  - Wrist and ankle wraps (except in case of injury inflicted during a fight at the Championship)
  - Spectacles and jewels

### **3. REFEREEING TEAM**

- A refereeing team consists of 1 center referee who supervises the fight, 4 corner judges who evaluate the fighters, 2 timekeepers and 1 scorekeeper (fight sequence).
- The refereeing committee receives the coach’s grievances and can intervene with the center referee.
- The center referee can consult with the corner judges, the timekeepers, the scorekeeper and the refereeing committee before announcing a decision.

#### 4. FIGHT REGULATION TIME

- **Masters Divisions – Men 40 years old and up**
  - First round : 2 minutes
  - In case of a tie: one 2-minute extension round - Decision
- **Qualifiers – Women and Men – 18 years old and up**
  - First round : 2 minutes
  - In case of a first tie: a 2-minute extension round
  - In case of a second tie: fighters' weigh-in
    - If the weight discrepancy is greater than 11lbs/5kg (men) or 9lbs/4kg (women), the lightest fighter wins;
    - Otherwise, one last 2-minute extension round – Decision
- **Quarter finals, Semifinals and Finals Fights - Women and Men – 18 years old and up**
  - First round : 3 minutes
  - In case of a first tie: a 2-minute extension round
  - In case of a second tie: a second 2-minute extension round
  - In case of a third tie: fighters' weigh-in
    - If the weight discrepancy is greater than 11lbs/5kg (men) or 9lbs/4kg (women), the lightest fighter wins;
    - Otherwise, one last 1-minute extension round – Decision

#### 5. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand strikes, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head: kicks and knee kicks (straight and circular techniques)

#### 6. ILLEGAL TECHNIQUES

- Kicks to the knee joints and below the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back.
- Grabbing

- Repeated thrusts to the opponent
- Refusal to fight

## 7. COACHES

- One or two coaches can sit near the fighting area, on the side of their fighter.
- No coach has access to the fighting area at any time.
- Only one coach may bring grievances to the refereeing committee in case of conflict.

## **INFORMATION FOR INTERNATIONAL COMPETITORS (COACHES)**

Any competitor (or coach) **whose country of residency is not Canada** is considered as an international competitor (or coach).

### **Online Registration of International Competitors**

- Online Registration for Dagéki 2020 will be from **February 1<sup>st</sup> to April 15, 2020**.

### **Visitor Visa for Canada**

- Every international competitor (or coach) must himself apply for a Visitor Visa when required by Canada. At the express request of a competitor (or coach), the Dagéki 2020 Organizing Committee will email him an **Invitation Letter to the Dagéki 2020** to be presented to the Canada Embassy in the country of residence of the competitor (or coach).
- **IMPORTANT: The Dagéki 2020 Organizing Committee does not vouch for any visa demand.** The invitation letter only confirms that the Dagéki World Karate Championship will be held on May 30 and 31, 2020 in Ste-Anne-de-Bellevue, QC, Canada.
- International competitors (or coaches) who need a visa to enter Canada can contact the Organizing Committee at [info@dagekikarate.com](mailto:info@dagekikarate.com) in order to receive the **Invitation Letter to the Dagéki 2020**.

### **Health and Hospitalization Insurance Policy**

- It is the responsibility of **every international competitor** to get an Insurance Policy that will cover health care and hospitalization costs that could be incurred following his participation in the Dagéki 2020. The Dagéki 2020 Organizing Committee will not, in any manner, be held responsible for injuries and hospital fees incurred by a competitor during the Championship.
- A **proof of the competitor's Health and Hospitalization Insurance Policy** must be transmitted to the Dagéki 2020 Organizing Committee no later than April 15, 2020 to ensure his participation in the Championship.

### **Medical Form**

- It is the responsibility of all **Elite Fighters** to fill out and submit the online medical form no later than April 15, 2020 to complete their registration in Elite Fighting (Knockdown).

### **Registration and Mandatory Weigh-in for Elite Fighters**

- There are three opportunities for registration and mandatory weigh-in:
  - Friday, May 29, 18h00 to 20h00, at Holiday Inn Express in Vaudreuil-Dorion
  - Saturday, May 30, 7h30 to 12h00, at Casgrain Sport Center
  - Sunday, May 31, 7h30 to 9h00, at Casgrain Sport Center

## **Hotel Reservation**

- The Organizing Committee of the Dagéki 2020 has an agreement with a hotel located near the competition site (John Abbott College).
  - Holiday Inn Express – Vaudreuil-Dorion
- Those interested must make their reservation directly with one of these hotels.
- Rooms have been put aside for the group « Arts Martiaux Yukon ». Those interested must make their reservation directly with this hotel. First arrived, first served!
- Refer to the ACCOMMODATIONS section (above) for more details.

## **Transportation from Pierre-Elliott-Trudeau Airport to the hotel**

- The Dagéki 2020 Organizing Committee will provide transportation for international competitors (and coaches) from Montreal Airport to one of the hotels identified above. Competitors (and coaches) will need to email their travel itinerary to the Committee.

## **Sayonara Party**

- A Sayonara Party will be held on Sunday evening, May 31.