

**WELCOME TO THE  
WORLD FULL CONTACT  
KARATE CHAMPIONSHIP  
DAGEKI 2024**

**5<sup>E</sup> CHAMPIONNAT MONDIAL  
DE KARATÉ PLEIN CONTACT  
À MONTRÉAL** 

17-19 MAI 2024

**DAGEKI**

KATA | KATA ÉLITE | COMBAT AVEC PROTECTION | COMBAT FULL-CONTACT

第5回「打撃」モントリオールフルコンタクト空手道世界大会

**CENTRE PIERRE-CHARBONNEAU,  
PARC OLYMPIQUE  
3000 RUE VIAU  
MONTRÉAL (QUÉBEC)  
H1V 3J3**

[DAGEKIKARATE.COM](http://DAGEKIKARATE.COM)



# INVITATION

Osu!

It is with enthusiasm that we are preparing the **Dageki World Contact Karate Championship 2020**:

From Friday, May 17, to Sunday, May 19, 2024  
At Centre Sportif Pierre-Charbonneau, Montréal, QC, Canada.

This 5<sup>th</sup> Dageki Championship is an occasion for Contact Karate practitioners from all over the world to meet and compete at a high level.

We promise participants of all ages and belt levels an exciting competition in Kata and Fighting in a healthy, fair and respectful environment.

The **Elite Kata** and **Elite Full Contact Fighting** events will feature world class karatekas and will offer an intense, high-quality spectacle.

Guests of international renown in Karate Contact will do us the honor of chairing this event.

The following competition events will be held on Saturday, May 18:

- **Kata** – 4 years old and over – 10<sup>th</sup> Kyu to Black Belt
- **Contact Fighting with protection gear** – 4 years old and over – 10<sup>th</sup> Kyu to Black Belt
- **Elite Kata** – 16 years old and over – 1<sup>st</sup> Kyu to Black Belt
- **Elite Contact Karate Fighting – no protection gear (Knockdown)** – 18 years old and over – 4<sup>th</sup> Kyu to Black Belt

We invite you to **share the news with your fellow karatekas, relatives and friends** and to encourage them to take part in this great karate event as competitors, coaches, judges, or spectators.

Nous look forward to welcoming you at Centre Sportif Pierre-Charbonneau in Montréal on May 17-19.

Osu!

Shihan Fouad El Harrif, Shihan Sylvie Comeau, Shihan Hugo Perez, Sensei Anthony Cordeiro

Dageki 2024 Organizing Committee

# MESSAGE TO HEADS OF SCHOOLS RESPONSABLES D'ÉCOLES

Osu! Hanshi, Shihan, Sensei, Senpai, responsible for a participating karate school, It will be our pleasure to welcome you **free of charge** at the Dageki 2024. We invite you to **register your school as soon as March 15, 2024**, to entitle your students to register as competitors.

## Coaches

- Coaches accompanying your competitors will have to pay the spectator entrance fee (\$20CAD).
- You will need to provide us with the name of the coaches who will accompany your competitors on the day of competition.
- A maximum of 8 coaches per school - less if the number of competitors is less than 8 - will have access to the competition area to accompany their school's competitors.
- Coaches and competitors will have to remain outside the competition area when not in action.
- Only one coach at a time will be allowed to stay near a tatami when his student is called to compete.

## Competition Rules

- You, your coaches and competitors must be acquainted with the rules in force at the Dageki Championship 2024 and agree to comply with them.

## Divisions and Subdivisions

- Enrolled participants will be grouped into pre-established divisions based on the selected type of event, their age, belt level, gender and weight.
- A minimum of two participants per division is required; if only one candidate is enrolled, he will be notified and reclassified, if possible.
- If too many participants are enrolled into the same division, the division will be splitted into two or more subdivisions.

## Trophies and Podium – Kata and Fighting with protection gear

- The three winners of the division (subdivision) will be announced on the tatami.
- The three winners will go to the podium to receive their trophies and be photographed.
- **4-13 years old**: The other participants will receive their medals at the tatami.

## GENERAL INFORMATION

### COMPETITION EVENTS – SATURDAY, MAY 18

- **Kata** – 4 years and over – 10<sup>th</sup> Kyu to Black Belt
- **Contact Fighting with protection gear** – 4 years and over – 10<sup>th</sup> Kyu to Black Belt
- **Elite Kata** – 16 years and over – 1<sup>st</sup> Kyu to Black Belt
- **Elite Contact Fighting (Knockdown)** – 18 years and over – 4<sup>th</sup> Kyu to Black Belt

**NB:** A competitor cannot be registered in both Kata and Elite Kata nor in both Fighting and Elite Fighting.

### ONLINE REGISTRATION FROM MARCH 15 TO APRIL 30, 2024

All **schools and competitors must register during this period**. No registrations will be accepted after April 30, 2024.

**Competitors registered in Elite Fighting (Knockdown)** must also complete and submit (online) their **personal and medical forms** to ensure their participation.

### COMPETITION FEES - TO BE PAID ONLINE UPON REGISTRATION

<u>EVENT</u>	<u>FEE/PARTICIPANT</u>
Kata and/or Fighting with protection	\$75CAD
Elite kata	No fee
Elite Fighting (Knockdown)	No fee

### ENTRANCE FEES FOR SPECTATORS - TO BE PAID ON SITE – MAY 18

<u>SPECTATOR</u>	<u>ENTRY FEE</u>
13 years & over	\$20CAD
6-12 years	\$10CAD
0-5 years	Free
Coach	\$20CAD

## **MANDATORY PRE-COMPETITION WEIGH-IN**

- Fighting with protection & Elite Fighting
- Centre sportif Pierre-Charbonneau
  - Friday, May 17 – 11h00 to 13h00
  - Friday, May 17 – 18h00 to 20h00
  - Saturday, May 18 – 8h00 to 10h30

## **PARKING**

Parking will be available (\$) at Centre Pierre-Charbonneau and at « Espace pour la vie ».

## **SNACK BAR**

Drinks and snacks will be on sale on site.

## PRELIMINARY SCHEDULE OF ACTIVITIES

	<b>Friday, May 17 – Centre sportif Pierre Charbonneau</b>
11h00 - 13h00	Mandatory pre-competition weigh-in – Fighting with Protection & Elite Fighting – 1 <sup>st</sup> opportunity
18h00 - 20h00	Mandatory pre-competition weigh-in – Fighting with Protection & Elite Fighting – 2 <sup>nd</sup> opportunity
	<b>Saturday, May 18 – Centre sportif Pierre-Charbonneau</b>
8h00	Opening of the doors
8h00 - 10h30	Mandatory pre-competition weigh-in – Fighting with Protection & Elite Fighting – 3 <sup>rd</sup> and last opportunity
9h30 - 12h00	Kata (8 mats)
10h00 - 12h30	Elite Kata (Central mat) Elite Fighting – Qualifiers (Central mat)
13h00 - 16h30	Fighting with protection (8 mats) Masters Elite Fighting - 40 years+ (Central mat)
16h30 - 19h00	Elite Fighting – ¼ - ½ - Finals - 18-39 years (Central mat)
19h00	Trophies Presentation – Elite Kata & Elite Fighting
20h30	Sayonara Party
	<b>Sunday, May 19 – Centre sportif Pierre Charbonneau</b>
9h30	Full Contact Kumite Seminar

## **SITE OF COMPETITION**

### **Centre sportif Pierre-Charbonneau**

3000, rue Viau, Montréal

Québec, Canada H1V 3J3

## **ACCOMMODATIONS SUGGESTION**

The Organizing Committee of the Dageki 2024 has an agreement with two hotels located near the competition site.

Those interested must make their reservation directly with these hotels.

### **Hôtel Universel – Montréal**

5000, rue Sherbrooke Est, Montréal, QC H1V 1A1

- Tel.: (514) 253-3365
- Free of charge: 1-800-567-0223
- Fax : 514-253-9958

NB: Mention the group « Karate Tournament Dageki 2024 » when making the reservation.

### **Royal Versailles Hotel**

7200, rue Sherbrooke Est, Montréal (Québec) H1N 1E7

- No fee : 1-888-832-1416
- Fax : 514-256-5150
- Email : [services@royalversailles.com](mailto:services@royalversailles.com)

NB: Mention the group « Karate Championship 2024 » when making the reservation.

## **CONTACT US**

The organizing Committee of the Dageki Championship 2024

- Shihan Fouad El Harrif – 514-803-4161
- Shihan Sylvie Comeau – 514-255-2338
- Shihan Hugo Perez – 514-885-1859
- Sensei Anthony Cordeiro – 514-834-8458

**Information:** [Dageki 2024 Website](#)

**Email:** [info@dagekikarate.com](mailto:info@dagekikarate.com)

## **SAYONARA PARTY**

- Saturday, May 18
- 20h30
- Hôtel Universel – Montréal
- Entry Fee : \$75CAD/personne

## **FULL CONTACT KUMITE SEMINAR**

- Sunday, May 19, 2024
- 9:30am
- Centre sportif Pierre-Charbonneau – Olympic Park
- 3000, rue Viau, Montréal, QC H1V 3J3

### **Teachers:**

- Sensei Zahari Damyanov – Bulgaria
- Sensei Jonathan Tineo – Spain
- Sensei Julie Lamarre – Canada

### **Welcome to karatekas:**

- 10-17 years - 4<sup>th</sup> kyu & up
- 18 years & over - 10<sup>th</sup> kyu & up

### **Participation fees:**

- \$40CAD – Competitor registered for Dageki 2024
- \$75CAD – General Entry Fee – [Reservation and payment online](#)



# DIVISIONS – COMPETITION EVENTS – MAY 18, 2024

The Dageki 2024 Organizing Committee reserves the right to adjust the divisions of competition events according to the number of registered participants and/or the weight of participants enrolled in the fighting events, with the aim of ensuring the safety of these participants during their competition.

## 1 - KATA

All competitors aged 13 years old & under will receive a medal to emphasize their participation, effort, and sportsmanship.

AGE	KYU
4 & 5	10 to 1
6 & 7	10 to 5
6 & 7	4 to Black
8 & 9	10 to 5
8 & 9	4 to Black
10 & 11	10 to 5
10 & 11	4 to Black
12 & 13	10 to 5
12 & 13	4 to Black
14 & 15	10 to 5
14 & 15	4 to Black
16 & 17	10 to 5
16 & 17	4 to Black
18 +	10 to 5
18 +	4 to Black

## 2 – ELITE KATA – 16 YEARS & OVER

DIVISION	KYU
Women	1 <sup>st</sup> Kyu to Black Belt
Men	1 <sup>st</sup> Kyu to Black Belt

### 3 - COMBAT AVEC ÉQUIPEMENT DE PROTECTION (PLASTRON INTERDIT)

#### Fighters aged 4 to 13 – Mandatory pre-competition weigh-in

All fighters must provide their regulatory protective equipment, under penalty of disqualification. No piece of equipment will be provided on site.

All competitors aged 13 years old & under will receive a medal to emphasize their participation, effort and sportsmanship.

GENDER	AGE	KYU	DURATION (min)
F/M	4 & 5	10 to 1	1.5
F	6 & 7	10 to 5	1.5
M	6 & 7	10 to 5	1.5
F	6 & 7	4 to Black	1.5
M	6 & 7	4 to Black	1.5
F	8 & 9	10 to 5	1.5
M	8 & 9	10 to 5	1.5
F	8 & 9	4 to Black	1.5
M	8 & 9	4 to Black	1.5
F	10 & 11	10 to 5	1.5
M	10 & 11	10 to 5	1.5
F	10 & 11	4 to Black	1.5
M	10 & 11	4 to Black	1.5
F	12 & 13	10 to 5	1.5
M	12 & 13	10 to 5	1.5
F	12 & 13	4 to Black	1.5
M	12 & 13	4 to Black	1.5

- A significant difference between the weight indicated at registration and the pre-competition weight will automatically result in the disqualification of the competitor, without refund.
- **Mandatory pre-competition weigh-in – Centre sportif Pierre Charbonneau:**
  1. Friday May 17 – 11h00 to 13h00
  2. Friday, May 17 – 18h00 to 20h00
  3. Saturday, May 18 – 8h00 to 10h30

## Fighters aged 14 and over - Mandatory pre-competition weigh-in

All fighters must provide their regulatory protective equipment, under penalty of disqualification. No piece of equipment will be provided on site.

GENDER	AGE	KYU	WEIGHT	DURATION (min)
F	14 & 15	10 to 5	---	2
M	14 & 15	10 to 5	---	2
F	14 & 15	4 to Black	---	2
M	14 & 15	4 to Black	---	2
F	16 & 17	10 to 5	---	2
M	16 & 17	10 to 5	---	2
F	16 & 17	4 to Black	---	2
M	16 & 17	4 to Black	---	2
F	18 +	10 to 5	---	2
F	18 +	4 to Black	---	2
M	18 à 34	10 to 5	-165 lbs	2
M	18 à 34	10 to 5	-187 lbs	2
M	18 à 34	10 to 5	187 lbs+	2
M	18 à 34	4 to Black	-165 lbs	2
M	18 à 34	4 to Black	-187 lbs	2
M	18 à 34	4 to Black	187 lbs+	2
M	35 +	10 to 5	---	2
M	35 +	4 to Black	---	2

- A significant difference between the weight indicated at registration and the pre-competition weight will automatically result in the disqualification of the competitor, without refund.
- **Mandatory pre-competition weigh-in – Centre sportif Pierre Charbonneau:**
  1. Friday May 17 – 11h00 to 13h00
  2. Friday, May 17 – 18h00 to 20h00
  3. Saturday, May 18 – 8h00 to 10h30

## 4 – ELITE FIGHTING NO PROTECTION

The Dagéki 2024 Organizing Committee reserves the right to adjust or withdraw one or more weight divisions according to the number and/or weight of the enrolled fighters, in order to ensure their safety during this Elite Contact Fighting Competition.

DIVISION	LIGHTWEIGHT	MIDDLEWEIGHT	HEAVYWEIGHT
Women 18 years & over	-60 kg	-70 kg	70 kg+
Men 18 years & over	-75 kg	-85 kg	85 kg+
Masters-Women 40 years & over	-60 kg	-70 kg	70 kg+
Masters-Men 40 years & over	-75 kg	-85 kg	85 kg+

- A fighter who exceeds the weight limit for his division at the pre-competition weigh-in will be automatically disqualified.
- **Mandatory pre-competition weigh-in – Centre sportif Pierre Charbonneau:**
  1. Friday May 17 – 11h00 to 13h00
  2. Friday, May 17 – 18h00 to 20h00
  3. Saturday, May 18 – 8h00 to 10h30

# COMPETITION RULES

## ÉVALUATION IN KATA AND ELITE KATA

1. A competitor cannot be enrolled in both Kata and Elite Kata.
2. All participants must perform a **traditional kata**. A traditional kata is a sequence of traditional karate techniques that is learned and performed by all members of an organization; it is a required element at belt promotion tests and not a "custom made" kata for one or few members of the organization.
3. Each participant introduces himself to the judges and announces the kata he will perform. Note that it is not required to identify the selected kata before that moment.
4. Each participant is given a mark - between 5.0 and 10.0 - by each judge; the total of the allocated marks is used to rank the participant within the division (or round).
5. Should a participant choose to perform a "nontraditional" kata, he would be penalized - with each judge giving him the **minimum mark of 5.0 over 10.0** to point it out.
6. Since **traditional kata** forms vary from style to style, each participant is judged according to the following criteria:
  - Flagrant mistake, loss of balance, hesitation
  - Basic stances
  - Kicking techniques
  - Punching, blocking, shuto techniques
  - Consistency in the execution of techniques
  - Balance and fluidity
  - Spirit and intensity
  - Speed and control

## RULES – KATA

1. The Kata competition is open to participants aged 4 years old and over and ranked from 10<sup>th</sup> Kyu to Black Belt.
2. A judging team consists of 3 to 5 judges, including the head judge who takes charge of the competition.
3. The performance of each participant is evaluated with respect to that of the others within the division.
4. In the event of a tie for the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place within a division, the head judge asks the tied competitors to perform a kata again to establish the winner for the position.
5. **Participants ranked 4<sup>th</sup> kyu to Black Belt** must prepare to perform **two distinct traditional kata**: a first participation kata and a second one in case of a tie for one of the 3 first places. If a participant chooses to perform the same kata twice, he will be given a **½ point penalty** by each judge.

6. In the event of a second tie, the highest score and the lowest score are removed to determine the winner.

## **RULES – ELITE KATA**

1. The Elite Kata competition is open to participants aged 16 years old and over and ranked from 1<sup>st</sup> Kyu to Black Belt.
2. A judging team consists of **5 judges**, including the **head judge** who takes charge of the competition.
3. For each division, a **preliminary round** establishes 6 finalists.
4. **In the event of a tie** <sup>(1)</sup> for the 6<sup>th</sup> place during the preliminary round, the head judge asks the ex-aequo participants to perform a kata again to establish the winner of the 6<sup>th</sup> place.
5. In the **final round**, only the scores of this final round are used to determine the 3 winners among the 6 finalists. The scores received in the preliminary round are not considered.
6. A participant **cannot present the same kata form** in the preliminary and final rounds.
7. **In the event of tie** <sup>(1)</sup> for the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place during the final round, the head judge asks the ex-aequo participants to perform a kata again to establish the winner of the given place.

(1): In a tie breaker, participants can present the same kata form or choose another one. In the event of a second tie, the highest score and the lowest score are removed to determine the winner.

## FULL CONTACT KARATE FIGHTING

### WINNING STRIKES – IPPON AND WAZA-ARI

- **Ippon:** Immediate win following a legal technique having caused the interruption of the fight for 3 seconds or more - End of the fight.
- **Waza-ari:** Legal technique having incapacitated the opponent (guard down, lack of alertness, physical instability) for less than 3 seconds – Resumption of the fight.
- **Second Waza-ari:** Waza-ari leading to an immediate win (Ippon) – End of the fight.
- An Ippon or a Waza-ari must be seen and called by most judges and referee (at least 2/3 or 3/5).
- The fight is interrupted by the referee who makes the official announcement of a Ippon or Waza-ari.

### OFFICIAL WARNINGS AND PENALTIES – CHUI AND GENTEN

- All official warnings and penalties are allocated by most judges and referee (2/3 or 3/5).
- The fight is interrupted by the referee who announces the official warning or penalty.
  - **Chui:** Official warning following an infraction.
  - **Genten Ichi:** 1<sup>st</sup> penalty following 2 official warnings.
  - **Genten Ni - Shikakku:** 2<sup>nd</sup> penalty following 2 other official warnings – Disqualification of the fighter – Immediate win of the opponent.

### HOW TO WIN A FIGHT

- With one Ippon, two Waza-ari, or the disqualification of the opponent (Shikakku) – End of fight and immediate win.
- By **unanimous decision** at the end of regulation time based on the allocation of a Waza-ari.
- By a **favorable decision of most judges and referee** (at least 2/3 or 3/5) at the end of regulation time based on:
  - Damage inflicted on the opponent: The effects of one or many strikes that are not worth of a Waza-ari but are close to it.
  - Techniques and tactics: The superiority of techniques and tactics displayed with the intention to dominate the opponent.

- Number of strikes: Attack activity illustrated by many strikes delivered with both arms and legs in most of the actions initiated by the fighter. Just moving forward not delivering strikes is not considered as an attack activity.
- Attitude and fighting spirit: The preference is given to the fighter who initiated more attacks.

NB: The allocation of a Genten Ichi prevents a fighter from winning the fight; the fighter can at best get a verdict of equality.

## **RULES – FIGHTING WITH PROTECTION GEAR**

A Contact Karate Fight with protection gear involves two opponents who may hit each other as far as they respect the rules in effect at the Dageki 2024 - as described below.

### 1. ELIGIBILITY

- Male and female fighters aged 4 and over, from 10<sup>th</sup> kyu (white belt) to black belt, assigned to divisions based on age, gender, kyu and weight.
- A fighter cannot be enrolled in both Fighting with protection and Elite Fighting (Knockdown).

### 2. PROTECTION GEAR

- **Each fighter must provide his own protection gear**
- Mandatory protection gear: shin pads with instep, gloves, helmet
- Visor: highly recommended
- Mouthpiece: highly recommended
- Mouthpiece or head gear with grid: mandatory for fighters with orthodontic braces
- Groin cup: mandatory for male fighters.
- Chest protector: not allowed
- Breast protector (cups worn inside uniform): mandatory for female fighters aged 14 & over
- Wrist and ankle wraps: not allowed
- Spectacles, watches, jewels: not allowed

### 3. REFEREEING TEAM

- A refereeing team consists of one center referee who supervises the fight, 2 or 4 corner judges who evaluate the fighters, one timekeeper and one scorekeeper.
- The center referee can consult with corner judges, the timekeeper and the scorekeeper before announcing his decision.



#### 4. FIGHT REGULATION TIME

- 1.5 minute for fighters aged 4 to 13
- 2 minutes for fighters aged 14 and over
- 1 minute for the first and unique extension round in the event of a draw

#### 5. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head:
  - Circular kicks WITHOUT the possibility of a WAZA-ARI or IPPON – **4 to 13 years old**
  - Circular kicks WITH the possibility of a WAZA-ARI or IPPON – **14 years old and over**

#### 6. ILLEGAL TECHNIQUES

- Kicks to the knee joints and under the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head or neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back
- Knee kicks and straight kicks to the face
- Grabbing and sweeping
- Repeated pushes of the opponent
- Refusal to fight

#### 7. COACHES

- Only duly identified coaches will have access to the preparation and competition area.
- Only one coach can sit near the mat (fighting area), on the side of his fighter.
- Only the coach near the mat can encourage his competitor out loud. All other coaches who are watching the fight from near or far should not interact.
- No coach has access to the mat.
- Only the coach may bring grievances to an organizer of the Championship in case of conflict.
- No coach should argue with volunteers at the tables if there is a problem.

- Failure to comply with these regulations or bad behavior by the coach could result in the disqualification of his competitor.

## **RULES - ELITE FIGHTING – KNOCKDOWN**

An Elite Contact Karate Fight (no protection gear) involves two experienced adult opponents who may hit each other as far as they respect the rules in effect at the Dageki 2024 - as described below.

### **1. ELIGIBILITY**

- Men and women karate fighters, 18 years old and over, 4<sup>th</sup> kyu to Black Belt, assigned to divisions according to gender, weight and age.
- A fighter cannot be enrolled in both Elite Fighting (Knockdown) and Fighting with protection gear.
- A white uniform (dogi) is mandatory.

### **2. PROTECTION GEAR – Provided by each fighter**

- Mouthpiece: highly recommended
- Groin cup: mandatory for male fighters
- Breast protector (cups worn inside the uniform): mandatory for female fighters
- **Prohibited Gear:**
  - Head gear, gloves, shin pads, chest protector
  - Wrist and ankle wraps (except in case of injury inflicted during a fight at the Championship)
  - Spectacles, watches, jewels

### **3. REFEREEING TEAM**

- A refereeing team consists of one center referee who supervises the fight, 4 corner judges who evaluate the fighters, 2 timekeepers and 1 scorekeeper (fight sequence).
- The refereeing committee receives the coach's grievances and can intervene with the center referee.
- The center referee can consult with the corner judges, the timekeepers, the scorekeeper, and the refereeing committee before announcing a decision.

#### 4. FIGHT REGULATION TIME

- **Masters Divisions – 40 years old and over**
  - One fight of 2 minutes
  - In the event of a draw: One 2-minute extension fight - Decision
- **Qualifiers – Women and Men – 18-39 years old**
  - One fight of 2 minutes
  - In the event of a first draw: 2-minute extension fight
  - In the event of a second draw: fighters' weigh-in
    - If the weight discrepancy is greater than 11lbs/5kg (men) or 9lbs/4kg (women), the lightest fighter wins
    - Otherwise, one last 2-minute extension fight – Decision
- **¼ Finals, ½ Finals & Finals - Women & Men – 18-39 years old**
  - One fight of 3 minutes
  - In the event of a first draw: 2-minute extension fight
  - In the event of a second draw: a second 2-minute extension fight
  - In the event of a third draw: fighters' weigh-in
    - If the weight discrepancy is greater than 11lbs/5kg (men) or 9lbs/4kg (women), the lightest fighter wins;
    - Otherwise, one last 2-minute extension fight – Decision

#### 5. LEGAL TECHNIQUES

- To the legs (above the knees): circular kicks and knee kicks
- To the body: open hand strikes, punches, elbow strikes, knee kicks and kicks (straight and circular techniques)
- To the head: kicks and knee kicks (straight and circular techniques)

#### 6. ILLEGAL TECHNIQUES

- Kicks to the knee joints and below the knees
- Open hand strikes, punches, elbow strikes and head-butt to the face, head, neck
- All strikes – using hand, fist, elbow, knee, foot - to the groin or back.
- Grabbing
- Repeated pushes of the opponent
- Refusal to fight

## 7. COACHES

- Only duly identified coaches will have access to the preparation and competition area.
- One or two coaches can sit near the tatami (fighting area), on the side of their fighter.
- No coach has access to the tatami.
- Only one coach may bring grievances to the Refereeing Committee in case of conflict.
- No coach should argue with volunteers at the table if there is a problem.
- Failure to comply with these regulations or bad behavior by the coach could result in the disqualification of his competitor.

# INFORMATION FOR INTERNATIONAL COMPETITORS (COACHES)

Any competitor (or coach) **whose country of residency is not Canada** is considered as an international competitor (or coach).

## Registration for International Competitors

- Registration for Dageki 2024 will be from **March 15 to April 30, 2024**.

## Travel Documents

It is the responsibility of international competitors (or coaches) to obtain information and provide themselves with the travel documents required to enter Canada according to their citizenship.

### - Visitor Visa for Canada

- International competitors (or coaches) must themselves apply for a Visitor Visa when required by Canada.
- At the express request of a competitor (or coach), the Dageki 2024 Organizing Committee will email an **Invitation Letter to the Dageki 2024** to be presented to the Canada Embassy in the country of residence of the competitor (or coach).
- **IMPORTANT: The Dageki 2024 Organizing Committee does not vouch for any visa demand.** The invitation letter only confirms that the Dageki World Karate Championship will be held, and that the competitor (or coach) wishes to participate.
- International competitors (or coaches) who need a visa to enter Canada can contact the Organizing Committee at [info@dagekikarate.com](mailto:info@dagekikarate.com) to ask for an **Invitation Letter to the Dageki 2024**.

### - Electronic travel Authorization (eTA)

- When required by Canada, the international competitor (or coach) must submit a request for an **Electronic Travel Authorization (eTA)** to fly to Canada or to transit through a Canadian airport.

## Health and Hospitalization Insurance Policy

- It is the responsibility of **every international competitor** to get an Insurance Policy that will cover health care and hospitalization costs that could be incurred following his participation in the Dageki 2024. **The Dageki 2024 Organizing Committee will not, in any manner, be held responsible for injuries and hospital fees incurred by a competitor during the Championship.**
- A **proof of the competitor's Health and Hospitalization Insurance Policy** must be transmitted to the Dageki 2024 Organizing Committee no later than **April 30, 2024, to ensure his participation in the Championship.**

## Medical Form

- It is the responsibility of all **Elite Fighters** to fill out and submit the online medical form no later than April 30, 2024, to complete their registration in Elite Fighting (Knockdown).

### **Mandatory Pre-competition Weigh-in – Fighting with Protection & Elite Fighters**

- There are three opportunities at Centre sportif Pierre-Charbonneau:
  - Friday, May 17, 11h00 to 13h00
  - Friday, May 17, 18h00 to 20h00
  - Saturday, May 18, 8h00 to 10h30

### **Hotel Reservation**

- The Organizing Committee of the Dageki 2024 has an agreement with two hotels located near the competition site (Centre sportif Pierre-Charbonneau).
  - Hôtel Universel – Montréal
  - Royal Versailles Hotel
- Rooms have been put aside for the group « **Karate Tournament Dageki 2024** ». Those interested must make their reservation directly with these hotels. First arrived, first served!
- Refer to the ACCOMMODATIONS SUGGESTION section (above) for more details.

### **Transportation from Pierre-Elliott-Trudeau Airport to the hotel**

- The Dageki 2024 Organizing Committee will provide transportation for international competitors (and coaches) from Montreal Airport to one of the hotels identified above.
- Competitors (and coaches) will need to email their travel itinerary to the Committee.

### **Sayonara Party**

- Saturday, May 18
- Hôtel Universel – Montréal
- 20h30
- Entry Fee: \$75CAD/personne